

EXERCISE SCIENCE (BS)

The following requirements are in addition to the Bachelor of Science core requirements, found here (<https://catalog.cornerstone.edu/undergraduate/cornerstone-core/>).

Required Courses

Code	Title	Hours
Program Core		
BIO-151	GENERAL BIOLOGY	4
BIO-241	ANATOMY AND PHYSIOLOGY I	4
BIO-242	ANATOMY & PHYSIOLOGY II	4
KIN-341	ANATOMICAL KINESIOLOGY	4
Choose one of the following:		3-5
MAT-110	COLLEGE MATHEMATICS	
MAT-121	COLLEGE ALGEBRA	
MAT-122	PRE-CALCULUS	
MAT-131	CALCULUS I	
Required Courses		
BIO-347	INTRO TO NUTRITION	3
KIN-1XX	Activity Course	1
KIN-211	HISTORY & PRINCIPLES OF KINESIOLOGY	3
KIN-251	MOTOR DEVELOPMENT AND LEARNING	3
KIN-342	EXERCISE PHYS I	3
KIN-345	MEASUREMENT & EVALUATION	3
KIN-346	EXERCISE TESTING & PRESCRIPTION	3
KIN-362	FIRST AID, INJURY PREVENTION, TREATMENT	3
KIN-380	INTERNSHIP ¹	6
KIN-402	PROFESSIONAL CAPSTONE SEMINAR	1
KIN-403	PROF CAPSTONE RESEARCH PROJ	1
KIN-444	EXERCISE PHYSIOLOGY II	3
MAT-151	STATISTICS	3
or BIO-121	BIOSTATISTICS	
Total Hours		55-57

¹ ExSCI, PT, and OT Majors **only**. Cardiac Rehab majors take KIN-381 INTERNSHIP - CARDIC REHAB in their own concentration.